



University
Hospitals Sussex
NHS Foundation Trust

Your visit to the Park Centre for Breast Care

The Park Centre for Breast Care

Please complete **ALL** of the enclosed
forms and bring with you to your
appointment

Patient information

How should I prepare for my appointment?

Please complete the enclosed forms and bring them with you; even if you have been seen at the breast unit before:

Pre-appointment Questionnaire – for female patients

Patient Master Index – for ALL patients to complete

Pre-attendance Form – for ALL patients to complete

If you have had previous mammograms (breast x-rays) performed at a private clinic or hospital, please obtain them and bring them with you. You can obtain these by ringing the unit that you attended and requesting them. They can be sent to us in the post if you are unable to collect them. You do not need to do this if these x-rays were taken at the Park Centre for Breast Care, Royal Sussex County Hospital, Princess Royal Hospital, Worthing Hospital, St Richards or any NHS Breast Screening Unit.

What will happen at my appointment?

Your GP has referred you to be seen by a specialist breast clinician. At your appointment the clinician will ask you questions regarding your general health, medical history and the symptoms you are experiencing. They will then examine your breasts. Based on this consultation some patients will go on to have a mammogram, ultrasound scan or small biopsy. Some patients will have more than one of these tests, while others may not require any investigations at all.

Not all tests are available on the same day as your visit, so it may be necessary for you to return at a later date for your investigations.

Please also be aware that if you do have tests, your visit can take from one-three hours.

How to get to the Breast Unit?

The Park Centre for Breast Care is situated opposite Preston Park, on the A23 which is the main road in and out of Brighton.

- **Parking:** There is **no public parking on-site**. **Inappropriate parking may unfortunately result in a fine.**

There is no immediate on-street parking, however Pay and display car parking is available on the opposite (east) side of Preston Park and the surrounding residential roads.

- **Disabled Parking:** There is one disabled parking bay at the Breast Unit. If you require disabled access parking, please drive to the barrier, press the intercom and entry will be given on production of a valid disabled parking badge. There is a 'drop off' point half way along the north side of the building with direct access to the main lobby and lift. However at peak times it may be necessary to 'drop off' a disabled visitor and for the driver to seek alternative parking.
- **Buses:** Buses stop directly outside the Breast Unit at the stop called 'Nestor Court'. Routes that serve this stop are: 5, 5A, 17, 33, 40, 40X, and 270. The Metrobus 40X service is free to patients on production of an appointment letter.
- **Trains:** London Road and Preston Park stations are all within reasonable walking distance: they serve areas within East, West and Mid Sussex.

What facilities are available?

- There is a League of Friends café on Level 3 with a selection of hot and cold drinks and light snacks (open Monday-Friday).
- There are facilities for baby changing.
- There is wheelchair access to the unit (directions above) and toilet facilities for wheelchair users.

Patient Master Index

Details verification

Please complete details, and bring with you to your next hospital visit. All information supplied will be kept strictly confidential, in accordance with the Data Protection Act 1988, and will be used only for the purpose of keeping your records up-to-date and for providing the administration of health care.

Trust No.	<input type="text"/>	NHS No.	<input type="text"/>
Surname	<input type="text"/>	Title	<input type="text"/>
Forename 1	<input type="text"/>	Sex	<input type="text"/> M or F
Forename 2	<input type="text"/>		
Forename 3	<input type="text"/>		
Date of birth	<input type="text"/>		
Home address	<input type="text"/>		
Postcode	<input type="text"/>		
Home phone	<input type="text"/>	Work	<input type="text"/>
Mobile	<input type="text"/>		Y / N consent to being contacted
e-mail address	<input type="text"/>		Y / N consent to receive text reminders of appointments
Occupation	<input type="text"/>		
Religion	<input type="text"/>		
Nationality	<input type="text"/>		
Country of birth	<input type="text"/>		

Patient Master Index

Details verification

Ethnic Group

This information is defined by the Department of Health; based on the 2001 Census, and is only used for Healthcare Planning purposes.

White		Mixed		Asian or Asian British	
White - British A		White & Black Caribbean D		Indian H	
White - Irish B		White and Black African E		Pakistani J	
White - Other C		White & Asian F		Bangladeshi K	
Black or Black British		Any other mixed G		Other Asian L	
Caribbean M		Other Ethnic Groups			
African N		Chinese R		Not stated Z	
Other Black P		Other S		Tick one box only	

Registered GP

Surgery address

Marital/civil status

Next of kin

Title

Relationship

Home phone

Work

N of K mobile

Pre-appointment Questionnaire

Please complete all of this questionnaire and bring it with you to your appointment

Name

DOB

• What was the first day of your last period?
.....

• Cycle Frequency:

On for days

every days

• What age were you when you had your first period?

.....years

• Have you had a hysterectomy?

Yes No

If yes, when? years ago

• Age at menopause? (if applicable)

..... years

• Were your ovaries removed?

Yes No

If yes, was it: one / both / don't know

• Have you ever taken Hormone Replacement Therapy?

Yes No

If yes, for how long? years/months

• Are you on Hormone Replacement Therapy now?

Yes No

• Have you ever taken the contraceptive pill?

Yes No

If yes, for how long? years/months

• Do you have children?

Yes No

If yes, how many?

• Your age at first pregnancy?

.....years

• Did you breast feed any of your children?

Yes No

• How long? years/months

• Were you given medication to stop the production of breast milk?

Yes No

• Have you had a miscarriage?

Yes No

• Have you ever had a mammogram/ultrasound of breast

Yes No

If yes, when last?

• Have you ever taken herbal/homeopathic medication?

Yes No

If yes state

• Are you a smoker?

Yes No

How many do you smoke?

• Bring list of current medication

Thank you for taking time to answer these questions

Useful contacts:

Should you have any further questions
or require more detailed information
please call us on **01273 664773 option 1**

Park Centre for Breast Care

Level 3, 177 Preston Road, Brighton, East Sussex BN1 6AG
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**This leaflet is intended for patients receiving care
in Brighton & Hove or Haywards Heath**

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The information in this leaflet is for guidance purposes only and is in no way
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