




**University
Hospitals Sussex**
NHS Foundation Trust

Pain or bleeding in Early Pregnancy

Leaflet for Woman attending
the Emergency Department (A&E)
or Gynaecology Assessment Unit
(GAU)

Patient information



After being assessed by the doctors they feel that at present you are well enough to be discharged home with advice. With your current symptoms, one of the following is possible:

- You may have a pregnancy in the womb which is doing well.
- You may be having a miscarriage.
- You may have a pregnancy which is outside the womb (ectopic pregnancy).

Like most NHS trusts across the country we offer early pregnancy ultrasound scans in booked appointments in office hours.

The purpose of this scan is to help identify the location of the pregnancy and how it is doing.

While you are waiting for your ultrasound, if you have severe pain, are bleeding heavily or unwell, please go to your nearest Emergency Department (A&E) as we cannot rule out an ectopic pregnancy at this time for a further assessment.

While you are waiting for your scan should you have any questions, you can contact:

- Early Pregnancy Unit (EPU) at Princess Royal Hospital, Lewes Road, Haywards Heath RH16 4EX. Horsted Keynes Ward, level 2: **01444 441881 Ext.68370 Monday, Wednesday, Thursday and Friday 8am until 4pm**
- Early Pregnancy Unit (EPU) at Royal Sussex County Hospital, Eastern Road, BN2 5BE. Thomas Kemp Tower, Level 11: **01273 696955, Ext.64402 Monday to Friday 8am until 6pm**

The phone will go to an automated system and they will return your call on the same or next working day. Please note this is not a walk in service and is by appointment only.

Or alternatively further help, advice and information can be found through our Early Pregnancy Unit webpage on <https://www.bsuh.nhs.uk/services/early-pregnancy-unit-epu/>

After being assessed by the doctors they feel that at present you are well enough to be discharged home with advice.

We have arranged an ultrasound scan for you on:

Date:

Time:

Location:

This is the next available appointment.

This leaflet is intended for patients receiving care in Brighton & Hove or Haywards Heath

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