

Macmillan Clinical Nurse Specialist - Follow up clinic

Introduction

This leaflet is to help you understand Nurse led follow-up clinics for patients that have been/are diagnosed with lung cancer.

You have been referred to the Nurse led clinic because your consultant is satisfied that your condition is stable and that your on-going care can be monitored at the Nurse led clinic. You may have even been referred to see the Nurse Specialist if you or the consultant felt more support is needed.

Who runs the Nurse Led Clinic?

The clinic is run by the Macmillan Lung Cancer Nurse Specialists (CNS). They have specialist knowledge and skills in supporting patients, carers and families who are or have been affected by lung cancer.

The CNS works closely with all members of the team involved in your treatment and care (the multidisciplinary team). They will also liaise with community teams including GP's and Community Nurses to ensure you get the best advice and treatment.

What happens in the Nurse Led Clinic?

The Clinics are held in the Sussex Cancer Centre at the Royal Sussex County Hospital (Brighton) or in main outpatient department at The Princess Royal Hospital (Hayward's Heath).

On arrival to the appointment you will be given a short Holistic Needs assessment form to complete which you will take in with you to see the Nurse Specialist. You may meet a Macmillan Support Worker who can assist you with this.

The appointment can last up to 20 minutes at which you will be assessed and have an opportunity to ask any questions or concerns that you or your family may have. Should you require any further tests or investigations the CNS can help organise this. If deemed necessary, the CNS will liaise directly with the appropriate consultant.

What should I do if I have concerns between appointments?

Should you have any problems or concerns between your appointments then please call your CNS on the numbers below.

If you have an urgent medical problem outside normal working hours then please contact your GP.

ROYAL SUSSEX COUNTY HOSPITAL

01273 696955 Ext. 63803

Email: bsuh.maclungcns.patients@nhs.net

If you have vision, mobility/access issues or you are not able to make the appointment then please contact us on the number above.

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Disclaimer

The information in this leaflet is for guidance purposes only and is in no way intended to replace professional clinical advice by a qualified practitioner.

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